

Labor of Love

Grief Support Services

Lovelace
Women's Hospital

The loss of a baby at any age is a tragedy. Regardless of how you choose to cope with your loss, please remember you and your partner do not have to process this alone.

In addition to the resources provided to you in the hospital, there are several grief support options in our community:

Who	Contact	Provides:
NM Share	info@nmshare.org	Provides free resources to all bereaved parents and their loved ones.
OMI grief support resources	505.272.3053 or 505.925.0567	This free resource is especially for parents who have lost children through pregnancy loss, stillbirth, neonatal death or natural causes in the first year.
Samaritan Counseling	505.842.5300	Has a grief work program, accepts most insurances
A Child's Voice	505.916.2007	Tina Bond LISW Is a local therapist who works with families on all life issues, including grief. She works with adults, teens and children. Accepts most insurances. Now provides telehealth.
Pregnancy and Infant Loss Doula: Nicole Dodson-Sands	505.237.1066	Provides emotional and informational support, as well as guidance in regards to creating a birth preference plan, assisting with memory making and providing postpartum resources. Accepts donations.
Grief Resource Center	505.328.4128 505.573.6292	This peer support group is for parents who have experienced a miscarriage or lost an infant through age 2 years. Meetings facilitated by parents who have lost a child.

Online Resources	Website
American Pregnancy Association	http://www.americanpregnancy.org/pregnancyloss/
Faces of Loss	http://facesofloss.com/
Healing Hearts Baby Loss Comfort	www.babylosscomfort.com/grief-resources!
HopeXchange	http://www.hopeexchange.com/
Now I Lay Me Down To Sleep	http://www.nowilaymedowntosleep.org/
March Of Dimes	http://www.marchofdimes.com/baby/loss_indepth.html
Mothering.com Pregnancy Loss Forum	http://www.mothering.com/community/f/22/pregnancy-and-birth-loss